

## **XANEKS 0.25 TABLETS**

### **Composition**

Each tablet contains:  
Alprazolam USP 0.25mg

### **Properties**

Alprazolam is tranquilizer of Benzodiazepines family, and is an antianxiety antidepressant agent

### **Indications**

1. Benzodiazepines are indicated for the short-term relief (Two to four weeks only) of anxiety that is severe, disabling, or causing the patient association with insomnia or short-term psychosomatic, organic, or Psychotic illness
2. The use of benzodiazepines to treat short-term mild' anxiety is inappropriate
3. Benzodiazepines should be used to treat insomnia only when it is severe Disabling, or causing the patient extreme distress.

### **Cautions:**

Cautions respiratory disease, muscle weakness and myasthenia gravis, history of drug or alcohol abuse, marked personality disorder, reduce dose in elderly and debilitated, avoid prolonged use (and abrupt withdrawal thereafter), Driving Drowsiness may affect performance of skilled tasks (e.g. driving); effects of alcohol enhanced

### **Contra-indications**

Respiratory depression, marked neuromuscular respiratory weakness including unstable myasthenia gravis, acute pulmonary insufficiency, Sleep apnoea syndrome; not for chronic psychosis, should not be used alone in depression or in anxiety with depression

### **Hepatic impairment**

If treatment is necessary, Start with smaller initial doses or reduce dose; avoid in severe impairment.

### **Renal impairment**

start with small doses in severe impairment.

### **Pregnancy**

There is a risk of neonatal Avoid regular use and use only if there is a clear indication

### **Breast-feeding**

and should be avoided if possible during breast-feeding.

### **Side-effects**

Drowsiness and lightheadedness the next day; confusion and ataxia (Especially in the elderly); amnesia, dependence; paradoxical increase in aggression, muscle weakness, occasionally: headache, vertigo, hypotension, salivation changes, gastro-intestinal disturbances, visual disturbances, dysarthria, Tremor, changes in libido, incontinence, urinary retention, blood disorders and Jaundice reported, skin reactions,

### **Dose**

250–500 micrograms 3 times daily  
(ELDERLY or debilitated 250 micrograms 2–3 times daily), increased if  
Necessary to a total of 3 mg daily.

### **CHILD not recommended**

### **Presentation:**

20 tablets in 2 PVC-ALU sheets with leaflet Packed inside a carton box

### **Storage:**

Store below 30°C, Protected from light

### **KEEP ALL MEDICAMENTS OUT OF REACH OF CHILDREN**

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### **THIS IS A MEDICAMENT**

- Medicament is a product which affects your health, and its consumption contrary to instruction is dangerous for you.
- Follow strictly the doctor's prescription, method use and the instruction of the pharmacist who dispensed the medicament.
- The doctor and the pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.

Keep this medicament out of reach of children.

Council of Arab Health Ministers Arab Pharmacists Association

